

Instructions for Preparing for QEEG

1. Please bring a complete list of all medications currently taking.
2. All medications should be taken as prescribed unless noted with Dr. Sinha to stop medications; such as, stimulant medications, pain medications or Benzodiazepines.
3. Eat a protein breakfast with limited coffee or other caffeine products.
4. No sugar.
5. Please wash hair thoroughly and rinse with clean water. **Do not** use any other hair products (i.e., conditioner, gels, hairspray, etc.).
6. Make sure hair is completely dry for QEEG imaging.
7. Please bring a hat or scarf to wear after the test.

If you have any questions, please contact the office at (630) 762-9606.

Thank you,

The Sinha Clinic