

## **Student Information:**

### **Practicum Description:**

#### **Testing:**

Students will have the opportunity to obtain a wide variety of cases for testing. The patient's age range for testing is from 5 years to 80 years old. The testing question could be to assess a 65-year-old patient for Frontal Temporal dementia vs. Alzheimer's or you may have an 8-year-old child that you are determining if they are Bipolar or ADHD. Besides having a variety of various test cases the actual instruments to assess patients also provides you with a unique opportunity. We do not use a template battery, rather with each new patient we design a battery to best assess the patient and answer the referral question. As a student you will have the opportunity to be exposed to a wide variety of tests (all tests are on site) and by the end of practicum you will have learned how to create your own battery. The diverse patients assigned and the opportunity to be exposed to and utilize many tests is what students rave about each year. Finally students will participate in the administration of QEEG's (brain maps) which assess impairment in brainwave activity.

#### **Therapy:**

Students will have the opportunity to learn EEG Neurofeedback which address' neurophysiological impairment in the brain. We believe that the patient's functional issues must also be addressed in order to change dysfunctional patterns or areas that may be otherwise ignored. Hence, in addition to the neurofeedback therapy, psychotherapy is also an essential component to the program which consists of individual and family therapy to address issues related to the family system and pivotal to the child's recovery. Individual therapy often focuses on improving coping skills, social skills enhancement, play therapy, etc., based upon the child's needs. School observations, attendance at IEP meetings to advocate for your patients, and communication with the children's teachers are provided to all patients. Dietary needs are also addressed and close communication with all treatment providers on the child's case is expected. Finally, spiritual and religious assessment is also conducted, always based on the family's desires.

#### **Additional Training Opportunities:**

\*Students are sent for monthly training on the second Friday of every month at Edward Hospital at the clinics expense.

\*Students will have the opportunity to accompany Dr. Young on bedside evaluations at Linden Oaks at Edward Hospital (often on the geriatric or adolescent unit) and learn how to produce an inpatient hospital report.

\*Students also have the opportunity to interface with other practitioners by giving educational presentations 1-4' x per month.

\*Students will receive education/training during the course of the practicum in neuroanatomy and neurophysiology. Brain Cuttings are conducted during the month of January during group supervision.

**Start/End Dates, Comprehensive Training, & Practicum Duration:**

There will be multiple staggered start dates for Mixed Diagnostic and Therapy Practicum students. One student will start their practicum the third week of June and continue through the end of June the following year. Another student will begin their practicum the first week of July and continue through the middle of July the following Year. The remaining student’s practicum will commence the first week of August and continue through the middle of August the following year. There will be a mandatory Comprehensive Training weekend that will be held from 10:00am to 6:00pm on the first Friday & Saturday in June. The duration of the practicum will consist of 54 consecutive weeks, during the course of which the student will accumulate approximately 1,000 hours. Students are allotted 2 weeks vacation during the year (6 days), which may be used in any combination for school/personal/sick/other.

**Hours and days of Practicum:**

Monday – 10:30 to 3:30 or 2:30 to 7:30,

Wednesday – 2:30 to 7:30, and

Saturday – 9:30 to 2:00

OR

Tuesday – 10:30 to 3:30 or 2:30 to 7:30,

Thursday – 2:30 to 7:30, and

Saturday – 12:00 to 4:30

**Individual Supervision:** Will be provided weekly for 1 hour, Monday through Thursday (typically 2:30 to 3:30), and will depend on assigned days onsite.

**Group Supervision:** is scheduled for Saturday’s from 12:00 to 1:30pm.

**Weekly Breakdown of Practicum Schedule:**

Onsite Hours (Including Individual & Group Supervision)	= 14.5 hours
Didactics (Typically 2 <sup>nd</sup> Friday of month Sept thru May for 3-6 hours)	= 1 hr
Writing / Research	= 2.5 – 4.5 hrs
Educational Presentations	= 0 – 2 hrs

AVERAGE WEEKLY TOTAL = approximately 20 hours

**\*\*\*\*Please Note\*\*\*\***

Start dates, days and times required on site and all other expectations are non-negotiable. Please do not apply to this site if you are unable to meet the criteria outlined.

**Required Materials:**

In order to be considered for a Practicum position at the Sinha Clinic, an individual must provide the following information:

- 1) Cover Letter
- 2) Curriculum Vitae
- 3) Two Letters of Recommendation

(Including one from a past practicum supervisor, if possible)

4) Writing Sample

(This can be from a Case Study conducted as part of coursework)

5) Graduate Transcripts

\*It is preferred that students applying for the Mixed Diagnostic & Therapy practicum be advanced students with some previous therapy experience with any population, although child/adolescent and neuropsychological experience is beneficial. A Master's Degree is preferred. Experience in EEG-Guided Neurofeedback is NOT required to be considered for a Practicum position.

Applications will be accepted through the end of February. Individual interviews will be offered the first few weeks in March.

Thank you once again for your interest in the Practicum opportunities available with Dr. Sabrina Young, LLC at the Sinha Clinic. If you have any questions or would like additional information, please contact James Hommowun (Assistant of Clinical Training) at the Sinha Clinic by calling (630) 762-9606.