

Sinha Clinic

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www.sinhaclinic.com

Positions Available: 7

1. Ideal Applicants to the program:

Ideal applicants to the Sinha Clinic are students enrolled in an accredited doctoral program in Clinical, Health or Neuropsychology and who have some previous therapy experience prior to application. Applicants for practicum should possess some interest in the field of neuropsychology or health psychology. Adequate writing skills are essential for the practicum.

Students will be expected to provide individual therapy to their patients; update patients or parents on the patient's progress, and family therapy may also be conducted with many of the patients and their families, as well as marital therapy. The opportunity to provide group therapy and serve as a co-leader is also available for the interested student. The practicum student will be expected to see each of their patients a minimum of once per week for psychotherapy and they will also administer EEG Neurofeedback training (typically twice per week). The students are expected to provide the highest and most comprehensive care possible of each of their patients, including, individual, family, and marital therapy, often in conjunction with EEG Neurofeedback training at times school observations, coordination of treatment with other treatment providers/facilities, and participation in I.E.P. meetings are included when appropriate. Each student will be trained in the administration of EEG Neurofeedback and Brain Mapping (QEEG) although no previous experience is necessary.

The diagnostic aspect of the practicum includes Neuropsychological testing. The practicum students will be expected to administer, score and interpret various neuropsychological tests and create comprehensive reports. The students will also be able to participate in the administration of QEEG's (as previously mentioned) and learn to read and incorporate the test data that the QEEG expert has provided to the student to incorporate into their reports. The practicum students are expected to coordinate care with other agencies/providers as deemed appropriate. The diagnostic population consists of children, adolescents, adults and the geriatric population. Typically each year, students have at least 50%-60% of adult patients and the other 40-50 % of child or adolescent patients. There are a wide array of testing cases, such as Dementias, Head Injury, Autistic Spectrum Disorders, Learning Disabilities, ADHD, Learning Disabilities, Mood Disorders, Schizophrenia, Axis II Disorders, just to name a few. To assess for these

conditions, all of the tests administered are owned by the clinic, hence all tests are on-site. Scoring and interpretation programs are available for students so they may concentrate on their writing abilities and differential diagnostic skills. The students are exposed to a wide variety of tests and learn how to create a battery that is individualized to their patient's. A ten page template is provided to each student. The template includes how to write up all test results, although the history, Clinical Impressions, and Recommendations are written by the individual student.

Reports are typically 12-15 pages in length, in which each student reports the results of the tests and then analyzes all of the data and explains the overall clinical impression of the patient, looking for consistency across measures. Differential Diagnosis is conducted with the supervisor. The final portion of the report focuses upon diagnosis and provides treatment recommendations. The student reviews the report with the patient and the patient's referral source as well when necessary. No previous experience in neuropsychological testing is expected. Bedside evaluations are also conducted in which students may participate under the supervision of Dr. Young (this is voluntary). These batteries are 1- 3 pages in length and are expected to be completed within 24-48 hours.

2. Supervision Philosophy of Site:

Students receive 1 hour of individual supervision and 1.5 hours of group supervision totaling 2.5 hours of supervision per week. For students the focus of supervision when a student is first assigned a case is to review the new test case and determine a battery of tests to administer. Initially, which tests to administer will be determined by the supervisor however, as the practicum progresses the goal is for the student to eventually be able to know how to create an appropriate choose the appropriate tests, usually after at least 4-5 months on-site. The Sinha Clinic does not use template test batteries. We determine batteries to administer based upon the referral question and the patient's history and current symptoms, hence testing is individualized to the patient. Supervision will include training in various tests, report feedback and addressing any questions or concerns. It is typical for the supervisor to spend several hours editing a test battery, particularly during the onset of practicum.

Supervision for the therapy portion of students' caseload is focused primarily upon reviewing new patients assigned and assisting the student in utilizing various therapeutic concepts and techniques in their work with their patients. Additionally, teaching the student to understand their role in the relationship with the individuals they treat and how they influence the therapy is discussed. Furthermore, students are guided upon the use of various protocols and understanding how to use test data in the treatment of their patients. Students are provided education and feedback in how to further increase knowledge to parents (if they have a child) in how to address the child's behavior, or the focus may be

how to implement change with adults or with families. Treatment of individuals at the clinic is from a holistic perspective in which we attempt to address the bio/psycho/social and spiritual needs of our patients. It is imperative that students who have a child assigned to them, communicate with the patient's teachers, conduct in school observations, in addition to the individual therapy they conduct if they are working with children. The Clinic Supervisor also goes above and beyond to ensure outside educational opportunities are available for the students to supplement the education they receive on-site. Students are expected to utilize supervision as a time to ask questions, review cases and obtain the support, education and assistance they need in order to further their growth as a developing psychologist and to provide the best possible care to the patients and when applicable to their families.

3. Research Opportunities:

Students have the opportunity to partake in research in the area of EEG Neurofeedback utilizing pre and post test data and to co-author papers. Additionally monthly training seminars covering a wide variety of topics are offered to students at Linden Oaks Hospital. Furthermore, monthly meetings are held with other practitioners (psychologists and psychiatrists) in the area in which larger research studies are being conducted at Mercy Hospital. This research is usually conducted in non-for-profit facilities.

4. Requirements:

In order to be considered for a Practicum position at the Sinha Clinic, an individual must provide the following information:

- Cover Letter
- Curriculum Vitae
- Two Letters of Recommendation
- Writing Sample (This can be a Case Study conducted as part of coursework)
- Ideal applicants to the Sinha Clinic are students enrolled in an accredited doctoral program in clinical, health or neuropsychology and who have who have experience conducting therapy. Applicants for practicum should also possess some interest in the field of EEG-Neurofeedback and QEEG. Decent writing skills are essential for the diagnostic portion of the practicum.

Application deadline is February 15th, 2012. The candidates will be notified on February 17th, if they are being offered a slot.

The start dates may vary; we are looking for one student to start on June 15th, and continue through the end of June the following year. Another student will begin on July 15th, and continue through the end of July the following year. The remaining student's practicum will begin August 6th 2012 and continue through August 15th 2013. Each student has 6 days off per year.

Clinic Hours:

Monday-Thursday 8:00 a.m. – 8:00 p.m.

Saturday 8:00 a.m. – 4:00 p.m.

Individual Supervision: Either Tuesday, Wednesday or Thursday for one hour depending which schedule you are assigned to and you are expected to be on-site 2 days per week.

Group Supervision: Wednesdays 12:00 p.m. to 1:30 pm.

Training: Friday June 15th and Saturday June 16th from 9:00 am to 6:00 pm

Students are expected to be on site for **two 8 hour days** per week minimum, and spend 20 hours per week engaging in practicum activities. Students are signed off for 1000 hrs. for this mixed practicum. Students have the opportunity to partake in didactics for 3 to 8 hours on the second Friday of every month (for 9 months per year) and students are required to attend at least five out of nine didactic seminars. This practicum allows one to attain psychotherapy, thorough neuropsychological testing and EEG neurofeedback training with child, adolescent, adult and geriatric populations. Furthermore, the population for neuropsychological testing and psychotherapy ranges from 4 years of age to the geriatric population and, although the students are on site for 16 hours per week they will have accumulated 1000 hours by the end of the training year. There are 7-9 slots available based upon how many students want to stay an extra year which is often the case.

Thank you once again for your interest in the Practicum opportunities available at the Clinic. If you should have any further questions, or would like to apply for Practicum, please visit our website sinhaclinic.com or send all application material to the attention of Dr. Sabrina Young.